

**Sample 2010 Monthly Medicare Supplement Rates for Standardized Plans for Those Eligible for Medicare**

<b>Company/Individual Plans</b>	<b>A (1)</b>	<b>B (1)</b>	<b>C (1)</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>F (2)</b>	<b>G</b>	<b>H</b>	<b>I</b>	<b>J</b>	<b>K (5)</b>	<b>L (5)</b>	<b>Date (3) Approved</b>
American Progressive L&H Ins. of NY	\$253.69	\$328.39	\$395.58	\$359.26	\$366.36	\$375.65	\$75.58	\$329.78						09/04/2009
Anthem Blue Cross Blue Shield	\$150.50	\$183.02	\$229.53	\$209.99		\$229.98	\$48.45				\$220.95			09/25/2009
Bankers Life and Casualty	\$351.06	\$326.77	\$391.75	\$365.59	\$338.52	\$435.57	\$47.68	\$330.18			\$327.99	\$122.23	\$180.52	10/19/2009
Genworth Life and Annuity Ins. Co.	\$281.92	\$343.57			\$347.31	\$418.24	\$67.73							05/01/2009
Globe Life & Accident Insurance Co.	\$110.50	\$149.00	\$172.00			\$173.50								02/19/2009
Humana Insurance Company	\$190.40					\$225.12	\$88.48	\$215.04				\$113.12	\$163.52	06/16/2009
Mutual of Omaha	\$341.12			\$357.95		\$296.00		\$217.13						01/28/2009
Pennsylvania Life Ins. Co.	\$212.00			\$228.00		\$264.00		\$219.00						08/28/2009
State Farm Mutual Automobile Ins. Co.	\$260.95		\$393.55			\$334.90								10/09/2009
United American Ins. Co. (Bankdraft)	\$170.00	\$250.00	\$291.00	\$287.00		\$296.00	\$92.00	\$281.00				\$138.00	\$193.00	12/15/2008
United of Omaha Life Ins. Co.	\$266.00					\$190.00		\$176.32						02/19/2009
United Teacher Associates Ins. Co.	\$305.00	\$358.04	\$425.89	\$360.16		\$428.00		\$362.27						04/01/2009
USAA Life Ins. Co.	\$208.59			\$220.32		\$225.59		\$220.15						01/26/2009
<b>Group Plans (4)</b>														
United HealthCare Ins. Co./AARP	\$120.00	\$169.25	\$206.75	\$193.75	\$194.50	\$207.75		\$194.75	\$172.00	\$175.00	\$189.25	\$91.25	\$127.00	09/25/2009

- (1) Plans for Disabled - All companies must offer Plan A. If a company also offers Plan(s) B and/or C, then it must also offer the plan(s) to disabled Medicare beneficiaries.
- (2) High Deductible Plan - This plan provides the same benefits as Plan F after one has paid a calendar year deductible of \$2,000 for 2010. Out of pocket expenses for this deductible are expenses that would ordinarily be paid by the plan. These expenses include the Medicare A and B expenses that would ordinarily be paid by the plan. These expenses include the Medicare A and B deductibles, but not the foreign travel emergency deductibles.
- (3) The date a company's rate was approved is not necessarily the date the rate change will take effect. Check with the company for the effective date.
- (4) These are group plans that are available to individuals enrolled in Medicare. Payment of a group membership fee is required.
- (5) These plans provide different cost-sharing provisions compared to those under Plans A through J. You must pay a portion of the cost for certain covered services until you meet a cal/year limit (Plan K – \$4,620 for 2010); (Plan L – \$2,310 for 2010). Once you meet the cal/year limit, the plan pays 100% of the Medicare copayments, coinsurance and deductibles for the rest of the cal/year. Doctor's charges that exceed Medicare approved amounts aren't covered and don't count toward the cal/year limit. The cal/year limit can increase each year for inflation.